## How to wash your eyelids with meyelids

- 1. Wash your hands with mild soap, rinse well.
- 2. Hold the **meyelids** bottle upright and pump a comfortable amount of foam onto your 2<sup>nd</sup> and 3<sup>rd</sup> fingers.



3. Touch the 2<sup>nd</sup> and 3<sup>rd</sup> fingers of both hands together, sharing the foam between both hands.



- 4. Gently close your eyes, do no squeeze too tightly.
- 5. Rub the foam soap into the eyelashes of your closed eyelids for 45 seconds. It is important to agitate the foam soap in multiple directions: side to side motion, up and down and small circles. This will ensure that all lashes have been cleaned thoroughly.
- 6. Rinse with warm water.